

Muscular Assessments

and

Therapy Sessions for Performance Horses

with

Gillian Higgins

Equine Sports and Remedial Therapist

Vale View Equestrian Centre, LE 14 8X

Gillian will assess posture, asymmetries and musculature strengths and weaknesses. She will discuss way of going and assess movement in hand, on the lunge and ridden. Following a remedial massage, and muscular mobilisation she will recommend a 4 week exercise programme to improve posture, muscular performance and balance.

Includes Pilates for Horses!

Give Your Horse the Best Possible Chance to Succeed

For more information, or to arrange an appointment please call

07947242262

**Gillian is happy to arrange clinics or courses
in other areas of the country.**

www.HorsesInsideOut.com

www.EquineMassageandManipulation.co.uk

