

Contact Number on the Day:
Amanda Watson: 07715 161578



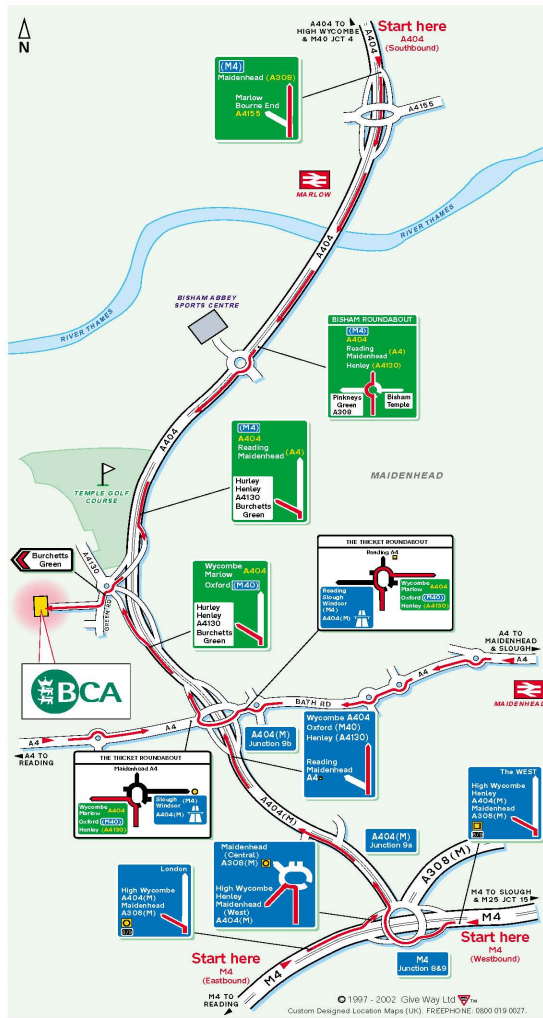
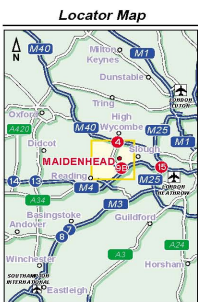
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Public Transport

By Rail
Marlow or Maidenhead Stations
- 10 minutes by taxi.
National Rail Enquiries: 08457 484950

By Air
Heathrow Airport -
Approximately 40 minutes by
road.



BHS SOUTH REGION

CONTINUAL PROFESSIONAL DEVELOPMENT

'BIOMECHANICS' &

'JUMPING WITH CONFIDENCE'

TRAINING DAY

To be held at

BERKSHIRE COLLEGE OF AGRICULTURE

HALL PLACE, BURCHETTS GREEN

BERKSHIRE, SL6 6QR

on

Tuesday, 7 December 2010

SABRINA JONES, FBHS became one of only approximately fifty Fellows of The British Horse Society in 1981. Sabrina says she has been fortunate to have extensive competition experience in Dressage, Showjumping and Eventing, the experience of which, she uses to enhance the training she gives to others. Sabrina is a List One Chief Assessor for the BHS, a BE Accredited Trainer, on the BD Trainer database and is a List 3 BD Judge.

DAVID SHEERIN, BHSI is currently Chief Instructor at Wellington Riding where he started his career as a working pupil in 1995. David has a wide variety of experience ranging from Racing to International 3 day Event yards. This experience and travel has given him a solid background in an ever changing and growing equestrian world. His plans at Wellington are to encourage and support Instructors, students and clients towards their goals whilst continuing to train and compete event horses.

GILLIAN HIGGINS, BHSII, SM is a professional therapist specialising in mobilising muscles, improving performance and educating horse owners, she runs a

Presenters:

Gillian Higgins, BHSII, SM

Sabrina Jones, FBHS

David Sheerin, BHSI

PROGRAMME

09.30 Coffee & sign in

The Biomechanics session will be in the Conference Hall

10.00 Biomechanics - 'Jumping from an Anatomical Perspective'

A Presentation using slow motion photography -

Presented by

Gillian Higgins of 'Horses Inside Out'

12.30 Lunch – The cafeteria will be open to purchase hot and cold food & drinks

'Jumping with Confidence' will be held in the Indoor

successful and expanding business in and around Cirencester and in the Midlands.

The main strands are:

- Equine Sports and Remedial Massage and Manipulation and associated therapies,
- Human Sports and Remedial Massage and Manipulation
- Equitation and Teaching
- HORSES INSIDE OUT, specialising in lecture demonstrations.

School

13.30	Building Confidence with the Nervous Rider (group)
14.30	Questions & Answers
14.45	Building Confidence with the Nervous Horse (individual)
15.45	Questions & Answers
16.00	Finish

Please note all times are approximate

With grateful thanks to

Berkshire College of Agriculture

for allowing BHS SOUTH to hold this training day at their centre